



## **Depression and Anxiety Wellness Protocol (Item #7407)**

A Healthy and Effective Wellness Management Protocol for Depression and Anxiety

---

### **Products included in this Wellness Protocol are:**

- ① Brilliance (4017) – Brain Oxygenation Herbal Formula
- ① InflammEX (6247) – Inflammation Management Opti-Blend
- ① Quint-Essence (6111) – Whole Food Meal Enhancement Supplement
- ① Tracite (2031) – 77 Essential Elemental Fulvic Trace Minerals

### **Protocol Overview**

Proper balance among neurotransmitters and brain chemicals within the structures of the brain enable it to function appropriately. When imbalances are present, the brain has increased difficulty regulating emotions, reacting to stress, and controlling the physical drives of sleep, appetite, and sexuality.

This Wellness Protocol brings together the traditional herbs and minerals of our individual formulations to energize and enhance mental clarity. It aids in the elimination of excess fluids, decreases fatigue and depression, increases sex drive, shrinks tissues, and stimulates the central nervous system.

**Brilliance** soothes the nervous system while supplying necessary nutrients. This formula contains herbs which stimulate brain blood circulation, cognition, and overall brain function. Brilliance contains trace minerals to insure that all brain cells have maximum electrical potential and uptake of oxygen from the blood. The quantity of each herb and their ratio to one another are key factors in producing a balanced brain formula, making Brilliance an essential part of this Wellness Protocol.

**InflammEX** addresses the physical inflammation which accompanies the emotional imbalances with anxiety and depression. InflammEX increases blood circulation within and around the organs most affected. For the protocol, this formula increases circulation within and around body tissue, enabling increased tissue strength of the brain.

**Quint-Essence** is added to this Wellness Protocol for its minerals which are necessary for healthy body and brain function. The B Vitamins in Quint-Essence, particularly Vitamin B12, are essential to gain control of the regulation of emotions, reactions to stress, and the controlling of the physical drives of sleep, appetite, and sexuality.

**Tracite** Increases perceptual clarity and well-being. The essential Fulvic Trace Minerals in this formula increase the efficacy of the bodily systems which enable absorption and delivery of oxygen to the brain cells, further improving mental clarity.

Note: Additional information for the above products is included in the subsequent datasheets.

### **Dosage Recommendations:**

**Brilliance:** 2 vegi-capsules with each meal

**InflammEX:** As directed on label

**Quint-Essence:** 1 vegi-capsule for every 60 - 75 pounds of body weight at meals

**Tracite:** 5 drops in 2 to 8 ounces of water or sparkling water

*(To make it even more palatable, squeeze a wedge of lemon or lime into the water)*

**Please DO NOT modify levels of any prescribed medication  
without first consulting your physician.**

**Ordering Information:**

**Brilliance** (*Item #4017*) priced at only: \$19.00 for 100 Vegi-Capsules  
**InflamEX** (*Item #6247*) priced at only: \$72.00 for 300 Vegi-Capsules  
**Quint-Essence** (*Item #6111*) priced at only: \$56.00 for 300 Vegi-Capsules  
**Tracite** (*Item #2031*) priced at only: \$40.00 for a 2oz Bottle

**Total Price for this Wellness Protocol Bundle, *Item #7407* is \$186.50**

Conveniently Order On-line at: [www.UniversalFormulas.com](http://www.UniversalFormulas.com)

**Required FDA Statement:**

The FDA has not evaluated these statements. This product is not intended to diagnose or treat any disease nor is this information intended to prescribe or diagnose in any way. Those who are sick should see a doctor. Neither the authors nor the owner directly or indirectly dispense medical advice or prescribe the use of these products as a form of treatment. We assume no responsibility if you prescribe for yourself without your doctor's approval.