



Adrenal Exhaustion Protocol (Item #7199)

A Healthy and Effective Wellness Management Protocol for Adrenal Exhaustion

Products included in this Wellness Protocol are:

- ① Quint-Essence (6111) – Whole Food Meal Enhancement Supplement
- ① Kidney Tonic (4014) - Herbal Support for Kidney Function

Protocol Overview

Adrenal Exhaustion refers to the stage in Adrenal Fatigue in which the body's ability to function on a day-to-day basis is moderately to severely compromised. As adrenal function is weakened further, the body's need for adrenal hormones remains unabated if stress is not reduced. The adrenals are no longer able to keep up with the ever-increasing demand for cortisol production needed to overcome the stress and they become exhausted.

This Wellness Protocol brings together the traditional herbs and compounds of our individual formulations to replenish vitality, increase nutritional value at a cellular level, and address ailments of the kidneys.

Quint-Essence is added to this Wellness Protocol to oxidize the body, and enhance the digestion of nutrients for absorption into the body. This complete, unique blend of ingredients acts as a food supplement, providing food enzymes which aid digestion and probiotics which provide a daily nutritional foundation that is a simplified, consistent and balanced.

Kidney Tonic includes traditional herbs combined in a ratio that support kidney function. This formula is added to the Protocol to strengthen and balance the kidney energy. Kidney Tonic promotes healthy kidney function while soothing and strengthening the organ.

Note: Additional information for the above products is included in the subsequent datasheets.

Dosage Recommendations:

Quint-Essence: 1 vegi-capsule for every 60-75 pounds of body weight at meals

Kidney Tonic: Take 2 vegi-capsules, 3 times daily

<p>Please DO NOT modify levels of any prescribed medication without first consulting your physician.</p>

Ordering Information:

Conveniently Order On-line at: www.UniversalFormulas.com

Required FDA Statement:

The FDA has not evaluated these statements. This product is not intended to diagnose or treat any disease nor is this information intended to prescribe or diagnose in any way. Those who are sick should see a doctor. Neither the authors nor the owner directly or indirectly dispense medical advice or prescribe the use of these products as a form of treatment. We assume no responsibility if you prescribe for yourself without your doctor's approval.